

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Girls 100 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Thurston, MaKenna	10	LCWM/Nicollet	13.61 Q	2
2 Rist, Samantha	8	LCWM/Nicollet	14.33 Q	1
3 Maul, Lillian	9	M/T/GHEC/ML	13.66 Q	2
4 Rowen, Jayda	10	Martin County West	14.37 Q	1
5 Kreykes, Mariah	9	Loyola/Cleveland	13.81 q	2
6 Chloros, Alyssa	11	M/T/GHEC/ML	14.16 q	2
7 Dingman, Hailey	7	St. Clair	14.60 q	1
8 Wehking, Samantha	7	Janesville-Waldorf-Pemberton	14.70 q	2
9 Forsburg, Latisha	12	Martin County West	14.73	1
10 Hoffman, Ruby	9	LCWM/Nicollet	15.11	1
11 Weber, Chantal	10	Loyola/Cleveland	15.26	2
12 Cahalan, Lauren	8	Loyola/Cleveland	15.99	1
13 Schommer, Hannah	8	St. Clair	16.09	2
14 Benson, Emilee	10	Janesville-Waldorf-Pemberton	16.70	2
15 Boekelman, Rosa	12	Martin County West	16.81	1

Girls 100 Meter Dash

Name	Yr	School	Finals	Points
Finals				
1 Thurston, MaKenna	10	LCWM/Nicollet	13.01	10
2 Rist, Samantha	8	LCWM/Nicollet	13.31	8
3 Maul, Lillian	9	M/T/GHEC/ML	13.38	6
4 Rowen, Jayda	10	Martin County West	13.51	4
5 Kreykes, Mariah	9	Loyola/Cleveland	13.58	2
6 Dingman, Hailey	7	St. Clair	13.68	1
7 Chloros, Alyssa	11	M/T/GHEC/ML	14.14	
8 Wehking, Samantha	7	Janesville-Waldorf-Pemberton	14.58	

Girls 200 Meter Run

Name	Yr	School	Prelims	H#
Preliminaries				
1 Olson, Cora	12	Martin County West	28.92 Q	1
2 Thurston, MaKenna	10	LCWM/Nicollet	29.79 Q	2
3 Rist, Samantha	8	LCWM/Nicollet	29.58 Q	1
4 Cooling, Lizzie	11	M/T/GHEC/ML	29.98 Q	2
5 Ziemke, Mckenna	7	Janesville-Waldorf-Pemberton	29.88 q	1
6 Hanson, Jocelyn	12	St. Clair	30.32 q	1
7 Trevino, Analisa	8	Martin County West	30.34 q	1
8 Denn, Amy	12	M/T/GHEC/ML	30.57 q	2
9 Calkins, Abby	9	M/T/GHEC/ML	30.68	1
10 Germscheid, Sydnee	9	Loyola/Cleveland	30.98	2
11 Fisher, Liz	9	Martin County West	31.15	2
12 Garbers, Faith	11	LCWM/Nicollet	31.51	2
13 Rupp, Haley	8	Loyola/Cleveland	31.79	2
14 Wellner, Laken	10	St. Clair	31.88	1
15 White, Elizabeth	7	Janesville-Waldorf-Pemberton	34.84	2

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Girls 200 Meter Run**

Name	Yr	School	Finals	Points
Finals				
1 Olson, Cora	12	Martin County West	27.36	10
2 Thurston, MaKenna	10	LCWM/Nicollet	27.47	8
3 Rist, Samantha	8	LCWM/Nicollet	28.39	6
4 Hanson, Jocelyn	12	St. Clair	29.15	4
5 Ziemke, Mckenna	7	Janesville-Waldorf-Pemberton	29.26	2
6 Cooling, Lizzie	11	M/T/GHEC/ML	29.74	1
7 Trevino, Analisa	8	Martin County West	30.01	
8 Denn, Amy	12	M/T/GHEC/ML	30.02	

Girls 400 Meter Run

Name	Yr	School	Finals	H#	Points
Finals					
1 Thurston, MaKenna	10	LCWM/Nicollet	61.63	1	10
2 Olson, Cora	12	Martin County West	62.79	1	8
3 Flack, Olivia	10	LCWM/Nicollet	66.26	1	6
4 Cooling, Lizzie	11	M/T/GHEC/ML	66.83	1	4
5 Javens, Eaden	11	Loyola/Cleveland	67.18	1	2
6 Christen, Lea	10	LCWM/Nicollet	68.38	1	1
7 Hall, Makayla	9	M/T/GHEC/ML	68.87	1	
8 Hanson, Isabella	9	St. Clair	71.76	1	
9 Daly, Madison	7	St. Clair	74.40	2	
10 Heitkamp, Erin	8	Janesville-Waldorf-Pemberton	74.66	2	
11 Sorenson, Rachael	10	Martin County West	77.30	2	
12 Revland, Melissa	10	Martin County West	79.96	2	

Girls 800 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Anderson, Brooke	12	Martin County West	2:33.36	10
2 Beckmann, Emily	11	LCWM/Nicollet	2:39.81	8
3 Jordan, Tasia	10	LCWM/Nicollet	2:41.42	6
4 Flack, Olivia	10	LCWM/Nicollet	2:43.55	4
5 Nabieva, Uzro	10	Loyola/Cleveland	2:45.51	2
6 Adams, Claire	7	Janesville-Waldorf-Pemberton	2:49.03	1
7 Clobes, CaleyAnn	10	M/T/GHEC/ML	2:50.29	
8 Hecht, Samantha	8	Martin County West	2:53.35	
9 Sizer, Kaitlyn	9	Loyola/Cleveland	2:54.62	
10 Wood, Anne	10	Loyola/Cleveland	3:00.23	
11 Meihak, Ellie	7	Janesville-Waldorf-Pemberton	3:04.18	
12 Krasna, Adela	12	Martin County West	3:08.07	
13 Loeffler, Courtney	7	St. Clair	3:31.56	
14 Peterson, Mackenzie	9	M/T/GHEC/ML	3:35.86	

Girls 1600 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Beckmann, Emily	11	LCWM/Nicollet	5:45.36	10
2 Rodriguez, Sylvia	10	M/T/GHEC/ML	5:52.70	8
3 Yenish, Sarah	8	Loyola/Cleveland	6:10.93	6

Valley Conference Varsity Meet - 5/16/2017

LCWM Secondary

Results - Valley Conference Varsity Meet

Finals... (Girls 1600 Meter Run)

Name	Yr	School	Finals	Points
4 Whitehead, Caitlin	7	Martin County West	6:12.96	4
5 Winters, Faith	10	LCWM/Nicollet	6:17.54	2
6 Kelley, Brittany	12	LCWM/Nicollet	6:21.75	1
7 Clobes, CaleyAnn	10	M/T/GHEC/ML	6:26.79	
8 Haas, Kyla	11	Loyola/Cleveland	6:29.22	
9 Kosbab, Logan	9	Martin County West	6:35.54	
10 Schafer, Annie	8	Martin County West	7:10.49	

Girls 3200 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Whitehead, Marissa	8	Martin County West	12:02.17	10
2 Rodriguez, Sylvia	10	M/T/GHEC/ML	12:48.76	8
3 Johnson, Emma	8	Janesville-Waldorf-Pemberton	12:54.28	6
4 Moeller, Grace	7	LCWM/Nicollet	13:35.26	4
5 Petersen, Mackenzie	8	Martin County West	14:07.68	2
6 Kelley, Brittany	12	LCWM/Nicollet	14:19.31	1
7 Winters, Faith	10	LCWM/Nicollet	14:45.84	
8 Hoehn, Regan	9	Janesville-Waldorf-Pemberton	15:00.15	
9 Hoepfner, Danielle	7	Janesville-Waldorf-Pemberton	15:08.99	
10 Schafer, Annie	8	Martin County West	15:41.61	

Girls 100 Meter Hurdles

Name	Yr	School	Prelims	H#
Preliminaries				
1 Wallace, Renae	12	M/T/GHEC/ML	17.03 Q	2
2 Dimler, Lauren	7	Janesville-Waldorf-Pemberton	17.23 Q	1
3 Calkins, Abby	9	M/T/GHEC/ML	17.47 Q	2
4 Karels, Michaela	11	St. Clair	18.34 Q	1
5 Stock, Carson	10	LCWM/Nicollet	18.12 q	2
6 Saucier, Maddy	11	LCWM/Nicollet	18.89 q	1
7 Olson, Hallie	11	Martin County West	19.39 q	1
8 Fisel, Abby	7	Janesville-Waldorf-Pemberton	19.44 q	2
9 Grathwohl, Brooke	7	M/T/GHEC/ML	19.89	1
10 Coughlan, Nora	11	Loyola/Cleveland	20.22	2
11 Siebenahler, Damia	11	LCWM/Nicollet	21.36	1
12 Knight, Christina	7	Martin County West	21.58	2
13 White, Elizabeth	7	Janesville-Waldorf-Pemberton	22.68	2
14 Stade, Odessa	7	Martin County West	22.97	1

Girls 100 Meter Hurdles

Name	Yr	School	Finals	Points
Finals				
1 Wallace, Renae	12	M/T/GHEC/ML	16.71	10
2 Dimler, Lauren	7	Janesville-Waldorf-Pemberton	16.75	8
3 Calkins, Abby	9	M/T/GHEC/ML	17.59	6
4 Stock, Carson	10	LCWM/Nicollet	18.41	4
5 Saucier, Maddy	11	LCWM/Nicollet	18.83	2
6 Fisel, Abby	7	Janesville-Waldorf-Pemberton	18.87	1
7 Karels, Michaela	11	St. Clair	19.02	

Valley Conference Varsity Meet - 5/16/2017

LCWM Secondary

Results - Valley Conference Varsity Meet

Finals... (Girls 100 Meter Hurdles)

Name	Yr	School	Finals	Points
8 Olson, Hallie	11	Martin County West	19.49	

Girls 300 Meter Hurdles

Name	Yr	School	Finals	H#	Points
Finals					
1 Dimler, Lauren	7	Janesville-Waldorf-Pemberton	50.63	1	10
2 Calkins, Abby	9	M/T/GHEC/ML	53.35	1	8
3 Anderson, Olivia	8	Martin County West	53.90	1	6
4 Moeller, Grace	7	LCWM/Nicollet	55.93	1	4
5 Johnson, Jessi	10	LCWM/Nicollet	55.94	1	2
6 Grathwohl, Brooke	7	M/T/GHEC/ML	56.87	1	1
7 West, Taylor	11	Janesville-Waldorf-Pemberton	57.14	1	
8 Wallace, Renae	12	M/T/GHEC/ML	58.30	1	
9 Grenz, Becca	11	LCWM/Nicollet	59.40	2	
10 Schumacher, Emily	11	Loyola/Cleveland	62.01	2	
11 Olson, Hallie	11	Martin County West	62.22	2	
12 Knight, Christina	7	Martin County West	69.90	2	

Girls 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1 LCWM/Nicollet		54.87	10
1) Goeringer, Reese 9	2) Hoffman, Ruby 9	3) Harris, Sara 11	4) Rist, Samantha 8
2 St. Clair		55.25	8
1) Loosli, Laura 11	2) Wellner, Laken 10	3) Hanson, Jocelyn 12	4) Dingman, Hailey 7
3 Janesville-Waldorf-Pemberton		55.25	6
1) Witt, Katey 8	2) Dimler, Lauren 7	3) West, Taylor 11	4) Ziemke, Mckenna 7
4 M/T/GHEC/ML		55.44	4
1) Denn, Amy 12	2) Maul, Lillian 9	3) Hall, Makayla 9	4) Chloros, Alyssa 11
5 Martin County West		58.20	2
1) Forsburg, Latisha 12	2) Knight, Christina 7	3) Trevino, Analisa 8	4) Fisher, Liz 9
6 Loyola/Cleveland		59.31	
1) Germscheid, Sydnee 9	2) Kreykes, Mariah 9	3) Fernandez, Patrica 10	4) Mettler, Megan 11

Girls 4x200 Meter Relay

Team	Relay	Finals	Points
Finals			
1 M/T/GHEC/ML		1:54.38	
1) Maul, Lillian 9	2) Chloros, Alyssa 11	3) Denn, Amy 12	4) Johanson, Hannah 12
2 Martin County West		1:55.61	
1) Rowen, Jayda 10	2) Trevino, Analisa 8	3) Anderson, Olivia 8	4) Fisher, Liz 9
3 St. Clair		1:57.14	
1) Loosli, Laura 11	2) Hanson, Isabella 9	3) Hanson, Jocelyn 12	4) Dingman, Hailey 7
4 LCWM/Nicollet		1:57.73	
1) Goeringer, Reese 9	2) Carter, Lakesha 8	3) Johnson, Jessi 10	4) Harris, Sara 11
5 Janesville-Waldorf-Pemberton		2:04.63	
1) Witt, Katey 8	2) Heitkamp, Erin 8	3) Fisel, Abby 7	4) Roberts, Rachael 10
6 Loyola/Cleveland		2:08.66	
1) Cahalan, Lauren 8	2) Rupp, Haley 8	3) Fernandez, Patrica 10	4) Grams, Kielee 9

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Girls 4x400 Meter Relay**

Team	Relay		Finals	Points
Finals				
1 Martin County West			4:23.96	10
1) Anderson, Brooke 12	2) Rowen, Jayda 10	3) Anderson, Olivia 8	4) Whitehead, Marissa 8	
2 LCWM/Nicollet			4:28.53	8
1) Goeringer, Reese 9	2) Beckmann, Emily 11	3) Christen, Lea 10	4) Flack, Olivia 10	
3 M/T/GHEC/ML			4:32.27	6
1) Hall, Makayla 9	2) Wallace, Renae 12	3) Cooling, Lizzie 11	4) Johanson, Hannah 12	
4 Loyola/Cleveland			4:32.29	4
1) Germscheid, Sydnee 9	2) Javens, Eaden 11	3) Kreykes, Mariah 9	4) Schumacher, Emily 11	
5 St. Clair			4:42.43	2
1) Cazier, Sophia 9	2) Lynch, Madison 8	3) Daly, Madison 7	4) Hanson, Isabella 9	
6 Janesville-Waldorf-Pemberton			4:44.02	
1) Cords, Brielle 11	2) Ziemke, Mckenna 7	3) Lynch, Kaylon 7	4) Roberts, Rachael 10	

Girls 4x800 Meter Relay

Team	Relay		Finals	Points
Finals				
1 Martin County West			10:32.54	10
1) Anderson, Brooke 12	2) Kosbab, Logan 9	3) Whitehead, Caitlin 7	4) Whitehead, Marissa 8	
2 LCWM/Nicollet			10:41.96	8
1) Christen, Lea 10	2) Malwitz, Hailey 10	3) Moeller, Grace 7	4) Jordan, Tasia 10	
3 Janesville-Waldorf-Pemberton			11:01.66	6
1) Adams, Claire 7	2) Johnson, Emma 8	3) Lynch, Kaylon 7	4) Cords, Brielle 11	
4 Loyola/Cleveland			11:09.97	4
1) Javens, Eaden 11	2) Nabieva, Uzro 10	3) Sizer, Kaitlyn 9	4) Haas, Kyla 11	
5 St. Clair			12:09.95	2
1) Cazier, Sophia 9	2) Sonnek, Brooke 8	3) Lynch, Madison 8	4) Daly, Madison 7	

Girls High Jump

Name	Yr	School	Finals	Points
Finals				
1 Schultz, Rachel	10	M/T/GHEC/ML	4-10.00	10
2 Cazier, Sophia	9	St. Clair	4-08.00	8
3 Mettler, Megan	11	Loyola/Cleveland	4-08.00	5
3 Kruse, MacKenzie	10	St. Clair	4-08.00	5
5 Stock, Carson	10	LCWM/Nicollet	4-06.00	2
6 Kosbab, Logan	9	Martin County West	4-04.00	1
7 Johnson, Jessi	10	LCWM/Nicollet	4-04.00	
8 Naples, Sami	8	Loyola/Cleveland	4-04.00	
9 Anderson, Olivia	8	Martin County West	4-02.00	
10 Sonnek, Brooke	8	St. Clair	4-02.00	
10 Chloros, Alyssa	11	M/T/GHEC/ML	4-02.00	
--- Fisher, Liz	9	Martin County West	NH	
--- Weber, Chantal	10	Loyola/Cleveland	NH	
--- DeVlaeminck, Melodie	12	M/T/GHEC/ML	NH	
--- Carter, Lakesha	8	LCWM/Nicollet	NH	

Girls Pole Vault

Name	Yr	School	Finals	Points
Finals				
1 Grenz, Becca	11	LCWM/Nicollet	8-06.00	10

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Finals... (Girls Pole Vault)**

	Name	Yr	School	Finals	Points
2	Beckmann, Emily	11	LCWM/Nicollet	8-03.00	8
3	Kelley, Andrea	9	LCWM/Nicollet	7-06.00	6
4	Johnson, Emma	8	Janesville-Waldorf-Pemberton	7-06.00	4
5	Schommer, Hannah	8	St. Clair	7-00.00	2
6	Daly, Madison	7	St. Clair	6-06.00	1
7	Wehking, Samantha	7	Janesville-Waldorf-Pemberton	6-00.00	

Girls Long Jump

	Name	Yr	School	Finals	Points
Finals					
1	Olson, Cora	12	Martin County West	16-10.00	10
2	Johanson, Hannah	12	M/T/GHEC/ML	16-07.00	8
3	Grenz, Becca	11	LCWM/Nicollet	16-00.00	6
4	Goeringer, Reese	9	LCWM/Nicollet	15-00.00	4
5	Cooling, Lizzie	11	M/T/GHEC/ML	14-10.00	2
6	Dimler, Lauren	7	Janesville-Waldorf-Pemberton	14-08.00	1
7	Karels, Michaela	11	St. Clair	14-08.00	
8	Loosli, Laura	11	St. Clair	14-07.00	
9	Maul, Lillian	9	M/T/GHEC/ML	14-06.50	
10	Garbers, Faith	11	LCWM/Nicollet	14-06.00	
10	Forsburg, Latisha	12	Martin County West	14-06.00	
12	Fisel, Abby	7	Janesville-Waldorf-Pemberton	12-08.50	
13	Grams, Kielee	9	Loyola/Cleveland	12-00.00	

Girls Triple Jump

	Name	Yr	School	Finals	Points
Finals					
1	Wallace, Renae	12	M/T/GHEC/ML	34-07.00	10
2	Olson, Cora	12	Martin County West	33-11.00	8
3	Ziemke, Mckenna	7	Janesville-Waldorf-Pemberton	32-07.00	6
4	Rowen, Jayda	10	Martin County West	32-06.50	4
5	Johanson, Hannah	12	M/T/GHEC/ML	32-03.00	2
6	Stock, Carson	10	LCWM/Nicollet	31-07.50	1
7	Cazier, Sophia	9	St. Clair	30-02.50	
8	Karels, Michaela	11	St. Clair	30-00.00	
9	Hall, Makayla	9	M/T/GHEC/ML	29-10.50	
10	Lynch, Madison	8	St. Clair	29-03.00	
11	Hoffman, Ruby	9	LCWM/Nicollet	28-02.50	
12	Johnson, Jessi	10	LCWM/Nicollet	28-01.50	
13	Grams, Kielee	9	Loyola/Cleveland	25-10.00	
---	Hoehn, Regan	9	Janesville-Waldorf-Pemberton	ND	

Girls Shot Put

	Name	Yr	School	Finals	Points
Finals					
1	Mettler, Megan	11	Loyola/Cleveland	34-08.00	10
2	Larson, Makena	8	Martin County West	34-02.50	8
3	Denn, Amy	12	M/T/GHEC/ML	33-01.50	6
4	Brolsma, Alexis	12	Martin County West	28-08.50	4
5	De La Cruz, Alayna	10	M/T/GHEC/ML	28-00.00	2

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Finals... (Girls Shot Put)**

Name	Yr	School	Finals	Points
6 Revland, Melissa	10	Martin County West	27-11.25	1
7 Schaffer, Kori	12	LCWM/Nicollet	27-04.25	
8 Felber, Liza	9	St. Clair	27-02.75	
9 Luoth, Thejen	11	M/T/GHEC/ML	26-11.00	
10 Snow, Lilly	11	LCWM/Nicollet	25-02.25	
11 Nachreiner, Liz	9	LCWM/Nicollet	25-00.00	
12 Cords, Alexa	7	Janesville-Waldorf-Pemberton	24-05.00	
13 Benson, Emilee	10	Janesville-Waldorf-Pemberton	24-04.75	
14 Oliver, Addison	7	Janesville-Waldorf-Pemberton	23-06.75	
15 Weber, Chantal	10	Loyola/Cleveland	22-07.25	
16 Naples, Sami	8	Loyola/Cleveland	22-06.75	
17 Schwandt, Aerin	7	St. Clair	19-08.50	

Girls Discus Throw

Name	Yr	School	Finals	Points
Finals				
1 Mettler, Megan	11	Loyola/Cleveland	96-10	10
2 Larson, Makena	8	Martin County West	96-09	8
3 Brolsma, Alexis	12	Martin County West	88-00	6
4 Felber, Liza	9	St. Clair	81-09	4
5 De La Cruz, Jada	11	M/T/GHEC/ML	77-05	2
6 Schaffer, Kori	12	LCWM/Nicollet	77-03	1
7 Benson, Emilee	10	Janesville-Waldorf-Pemberton	72-00	
8 Luoth, Thejen	11	M/T/GHEC/ML	70-08	
9 Snow, Lilly	11	LCWM/Nicollet	69-11	
10 Weber, Chantal	10	Loyola/Cleveland	67-09	
11 Cords, Alexa	7	Janesville-Waldorf-Pemberton	64-04	
12 Siebenahler, Damia	11	LCWM/Nicollet	64-01	
13 Ebeling, Katie	10	Martin County West	62-07	
14 Oliver, Addison	7	Janesville-Waldorf-Pemberton	62-04	
15 O'Donnell, Amber	9	St. Clair	61-00	
16 Balcom, Jenna	7	M/T/GHEC/ML	60-05	
17 Naples, Sami	8	Loyola/Cleveland	48-10	
--- Karels, Michaela	11	St. Clair	ND	

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Boys 100 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Burkhardt, Dawson	12	Martin County West	11.62 Q	2
2 Hall, Caleb	12	St. Clair	11.72 Q	1
3 Ohene-Frimpong, David	12	Loyola/Cleveland	11.83 Q	3
4 Sletta, Josh	10	M/T/GHEC/ML	11.90 Q	2
4 Storm, Blake	12	St. Clair	11.90 Q	3
6 Bock, Carter	12	LCWM/Nicollet	12.19 Q	1
7 Fritz, Jonas	12	LCWM/Nicollet	12.35 q	2
8 Gieseke, Austin	8	LCWM/Nicollet	12.52 q	1
9 Frelich, Noah	12	M/T/GHEC/ML	12.74	3
10 Osborne, Jordan	12	M/T/GHEC/ML	12.99	2
11 Montgomery, Luke	11	Loyola/Cleveland	13.02	3
12 Cahalan, Ben	11	Loyola/Cleveland	13.23	1
13 Morsching, Jack	8	Janesville-Waldorf-Pemberton	13.25	1
14 Schrom, Benjamin	9	Janesville-Waldorf-Pemberton	14.07	3
15 Ahl, Tyler	7	St. Clair	14.41	2
16 Wagner, Corey	9	Janesville-Waldorf-Pemberton	15.71	3
17 Forsburg, Zach	7	Martin County West	17.77	2

Boys 100 Meter Dash Wheelchair

Name	Yr	School	Finals	Points
Finals				
1 Gravelle, Aidan	7	LCWM/Nicollet	22.31	1

Boys 100 Meter Dash

Name	Yr	School	Finals	Points
Finals				
1 Hall, Caleb	12	St. Clair	11.41	10
2 Burkhardt, Dawson	12	Martin County West	11.43	8
3 Ohene-Frimpong, David	12	Loyola/Cleveland	11.46	6
4 Sletta, Josh	10	M/T/GHEC/ML	11.68	4
5 Storm, Blake	12	St. Clair	11.95	2
6 Bock, Carter	12	LCWM/Nicollet	12.20	1
7 Gieseke, Austin	8	LCWM/Nicollet	12.41	
8 Fritz, Jonas	12	LCWM/Nicollet	12.44	

Boys 200 Meter Run

Name	Yr	School	Prelims	H#
Preliminaries				
1 Schruin, Noah	10	St. Clair	26.21 Q	3
2 Ohene-Frimpong, David	12	Loyola/Cleveland	27.16 Q	2
3 Burkhardt, Dawson	12	Martin County West	28.02 Q	1
4 Bergemann, Evan	11	LCWM/Nicollet	26.22 Q	3
5 Sletta, Josh	10	M/T/GHEC/ML	27.23 Q	2
6 Strand, Bendik	12	Martin County West	28.20 Q	1
7 Osborne, Jordan	12	M/T/GHEC/ML	26.89 q	3
8 Bock, Logan	10	LCWM/Nicollet	27.16 q	3
9 Huggett, Christian	10	Martin County West	28.78	2
10 Frelich, Noah	12	M/T/GHEC/ML	29.80	1
11 Morsching, Jack	8	Janesville-Waldorf-Pemberton	29.98	2

Valley Conference Varsity Meet - 5/16/2017

LCWM Secondary

Results - Valley Conference Varsity Meet

Preliminaries... (Boys 200 Meter Run)

Name	Yr	School	Prelims	H#
12 Hoehn, Colton	9	Loyola/Cleveland	31.07	3
13 Loeffler, Thomas	7	St. Clair	31.97	1
14 Ahl, Tyler	7	St. Clair	33.36	1
15 Wagner, Corey	9	Janesville-Waldorf-Pemberton	35.15	2

Boys 200 Meter Run Wheelchair

Name	Yr	School	Finals	Points
Finals				
1 Gravelle, Aidan	7	LCWM/Nicollet	41.51	1

Boys 200 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Burkhardt, Dawson	12	Martin County West	23.47	10
2 Ohene-Frimpong, David	12	Loyola/Cleveland	23.72	8
3 Bergemann, Evan	11	LCWM/Nicollet	23.87	6
4 Schruin, Noah	10	St. Clair	24.10	4
5 Sletta, Josh	10	M/T/GHEC/ML	24.16	2
6 Strand, Bendik	12	Martin County West	24.56	1
7 Bock, Logan	10	LCWM/Nicollet	26.40	
8 Osborne, Jordan	12	M/T/GHEC/ML	26.52	

Boys 400 Meter Run

Name	Yr	School	Finals	H#	Points
Finals					
1 Storm, Blake	12	St. Clair	52.65	1	10
2 Bergemann, Evan	11	LCWM/Nicollet	53.52	1	8
3 Zamora, Angel	10	M/T/GHEC/ML	53.79	1	6
4 Clark, Riley	11	Janesville-Waldorf-Pemberton	54.43	1	4
5 Chadderdon, Josh	10	LCWM/Nicollet	54.98	1	2
6 Zamora, Ramiro	8	M/T/GHEC/ML	55.62	1	1
7 Rentschler, Micah	10	Loyola/Cleveland	56.67	1	
8 Zalusky, Joey	12	Loyola/Cleveland	57.86	1	
9 Peterson, Jerrett	9	Loyola/Cleveland	59.00	2	
10 Germscheid, Sam	9	LCWM/Nicollet	61.85	2	
11 Daly, Carter	9	St. Clair	63.01	2	
12 Bennett, Shane	10	M/T/GHEC/ML	64.35	2	
13 Marzinske, Logan	8	St. Clair	65.57	2	
14 Forsburg, Zach	7	Martin County West	66.39	2	

Boys 800 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Javens, Landon	11	Loyola/Cleveland	2:01.08	10
2 Hartman, Seth	12	LCWM/Nicollet	2:05.06	8
3 Godoy, Jarly	11	M/T/GHEC/ML	2:07.99	6
4 Larson, Kolton	10	Martin County West	2:10.24	4
5 Baker, Gage	10	St. Clair	2:14.14	2
6 Lagunas, John	8	M/T/GHEC/ML	2:14.53	1
7 Johnson, Jayden	10	LCWM/Nicollet	2:18.79	
8 Johnson, Ben	8	LCWM/Nicollet	2:20.56	

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Finals... (Boys 800 Meter Run)**

Name	Yr	School	Finals	Points
9 Lynch, John	8	St. Clair	2:21.80	
10 Omtvedt, Brett	9	Loyola/Cleveland	2:26.45	
11 Ramirez, Jesse	9	M/T/GHEC/ML	2:29.73	
12 Conroy, Mason	9	Loyola/Cleveland	2:30.08	
13 Born, Christian	7	Janesville-Waldorf-Pemberton	2:30.33	
14 Cahill, Jacob	8	Janesville-Waldorf-Pemberton	2:36.56	

Boys 1600 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Hartman, Seth	12	LCWM/Nicollet	4:47.04	10
2 Omtvedt, Brady	11	Loyola/Cleveland	4:53.22	8
3 Omtvedt, Brett	9	Loyola/Cleveland	5:03.77	6
4 Mans, Jon	9	LCWM/Nicollet	5:08.18	4
5 Baker, Chase	9	St. Clair	5:18.00	2
6 Petersen, Dylan	11	Martin County West	5:22.46	1
7 Andree, Conner	7	St. Clair	5:36.52	
8 Ramirez, Jesse	9	M/T/GHEC/ML	5:37.82	
9 Houlihan, Brennan	8	Loyola/Cleveland	5:45.27	
10 Mix, Adam	10	Martin County West	5:45.71	
11 Davis, Derek	11	M/T/GHEC/ML	6:00.37	
12 Berhow, Bryant	9	M/T/GHEC/ML	6:03.37	

Boys 3200 Meter Run

Name	Yr	School	Finals	Points
Finals				
1 Cameron, Kaden	11	Janesville-Waldorf-Pemberton	10:19.62	10
2 Johnstone, Mitch	9	Loyola/Cleveland	10:48.98	8
3 Baker, Chase	9	St. Clair	11:09.08	6
4 Lewis, Jake	8	Martin County West	11:09.52	4
5 Duis, Nathan	8	LCWM/Nicollet	11:28.22	2
6 Borchardt, Zane	10	Martin County West	11:31.78	1
7 Johnson, Isaiah	9	M/T/GHEC/ML	11:53.28	
8 Andree, Conner	7	St. Clair	11:54.55	
9 Mix, Adam	10	Martin County West	11:58.96	
10 Mans, Jon	9	LCWM/Nicollet	11:59.53	
11 Skinner, Evan	11	Loyola/Cleveland	12:11.75	
12 Kruger, Josh	11	LCWM/Nicollet	12:40.25	
13 Berhow, Bryant	9	M/T/GHEC/ML	12:51.84	

Boys 110 Meter Hurdles

Name	Yr	School	Finals	Points
Finals				
1 Stock, Logan	12	LCWM/Nicollet	16.01	10
2 Remiger, Payton	11	Loyola/Cleveland	19.32	8
3 Case, Evan	11	St. Clair	19.86	6
4 Drummer, Conner	9	St. Clair	20.71	4
5 Potthoff, Nick	10	Martin County West	21.75	2
6 Thomez, Cooper	9	Loyola/Cleveland	21.81	1

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Boys 300 Meter Hurdles**

Name	Yr	School	Finals	H#	Points
Finals					
1 Mortensen, Lucas	12	St. Clair	42.25	1	10
2 Stock, Logan	12	LCWM/Nicollet	42.28	1	8
3 Ignaszewski, Jagger	9	Janesville-Waldorf-Pemberton	47.37	1	6
4 Potthoff, Nick	10	Martin County West	49.24	1	4
5 Case, Evan	11	St. Clair	50.46	1	2
6 Flack, Miles	7	LCWM/Nicollet	50.87	2	1
7 Remiger, Payton	11	Loyola/Cleveland	51.07	1	
8 Sullivan, James	10	LCWM/Nicollet	51.71	1	
9 Drummer, Conner	9	St. Clair	52.07	1	
10 Thomez, Cooper	9	Loyola/Cleveland	56.06	2	
11 Orcutt, Sam	8	Loyola/Cleveland	57.58	2	

Boys 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1 St. Clair		45.99	10
1) Hall, Caleb 12	2) Schruin, Noah 10	3) Mortensen, Lucas 12	4) Weber, Mitchell 11
2 Loyola/Cleveland		47.93	8
1) Montgomery, Luke 11	2) Westman, Hunter 11	3) Tauer, William 10	4) Ohene-Frimpong, David 12
3 Janesville-Waldorf-Pemberton		48.65	6
1) Clark, Riley 11	2) Ignaszewski, Jagger 9	3) Johnson, Braydon 11	4) Benson, Cole 12
4 LCWM/Nicollet		49.13	4
1) Bock, Carter 12	2) Gieseke, Austin 8	3) Begnaud, Aiden 11	4) Fritz, Jonas 12
5 Martin County West		50.41	2
1) Ringnell, Andrew 12	2) Huggett, Christian 10	3) O'Connor, Garrett 10	4) Strand, Bendik 12

Boys 4x200 Meter Relay

Team	Relay	Finals	Points
Finals			
1 LCWM/Nicollet		1:37.40	10
1) Bock, Carter 12	2) Hohenstein, Jared 10	3) Chadderdon, Josh 10	4) Bergemann, Evan 11
2 Janesville-Waldorf-Pemberton		1:39.63	8
1) Clark, Riley 11	2) Ignaszewski, Jagger 9	3) Johnson, Braydon 11	4) Benson, Cole 12
3 Loyola/Cleveland		1:45.16	6
1) Zalusky, Joey 12	2) Peterson, Jerrett 9	3) Cahalan, Ben 11	4) Remiger, Payton 11
4 Martin County West		1:45.97	4
1) Ringnell, Andrew 12	2) Huggett, Christian 10	3) O'Connor, Garrett 10	4) Strand, Bendik 12
--- St. Clair		DQ	
1) Kruse, Lucas 9	2) Drummer, Conner 9	3) Thompson, Dylan 8	4) Goebel, Owen 10

Boys 4x400 Meter Relay

Team	Relay	Finals	Points
Finals			
1 St. Clair		3:34.50	10
1) Hall, Caleb 12	2) Schruin, Noah 10	3) Mortensen, Lucas 12	4) Storm, Blake 12
2 LCWM/Nicollet		3:38.15	8
1) Chadderdon, Josh 10	2) Hohenstein, Jared 10	3) Hartman, Seth 12	4) Stock, Logan 12
3 Loyola/Cleveland		3:39.98	6
1) Zalusky, Joey 12	2) Rentschler, Micah 10	3) Omtvedt, Brady 11	4) Javens, Landon 11

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Finals... (Boys 4x400 Meter Relay)**

Team	Relay			Finals	Points
4 M/T/GHEC/ML				3:46.76	4
1) Zamora, Ramiro 8	2) Lagunas, John 8	3) Godoy, Jarly 11	4) Zamora, Angel 10		
5 Martin County West				3:54.12	2
1) O'Connor, Garrett 10	2) Petersen, Dylan 11	3) Larson, Kolton 10	4) Burkhardt, Dawson 12		

Boys 4x800 Meter Relay

Team	Relay			Finals	Points
Finals					
1 Loyola/Cleveland				9:01.57	10
1) Javens, Landon 11	2) Rentschler, Micah 10	3) Peterson, Jerrett 9	4) Omtvedt, Brady 11		
2 M/T/GHEC/ML				9:09.40	8
1) Zamora, Ramiro 8	2) Zamora, Angel 10	3) Lagunas, John 8	4) Godoy, Jarly 11		
3 Martin County West				9:20.88	6
1) Borchardt, Zane 10	2) Lewis, Jake 8	3) Larson, Kolton 10	4) Petersen, Dylan 11		
4 LCWM/Nicollet				9:32.96	4
1) Johnson, Jayden 10	2) Johnson, Ben 8	3) Duis, Nathan 8	4) Flack, Miles 7		
5 St. Clair				9:58.74	2
1) Kruse, Lucas 9	2) Daly, Carter 9	3) Marzinske, Logan 8	4) Lynch, John 8		

Boys High Jump

Name	Yr	School	Finals	Points
Finals				
1 Westman, Hunter	11	Loyola/Cleveland	6-00.00	10
2 Ringnell, Andrew	12	Martin County West	5-08.00	8
3 Sullivan, James	10	LCWM/Nicollet	5-08.00	6
4 Ignaszewski, Jagger	9	Janesville-Waldorf-Pemberton	5-06.00	4
5 Sullivan, Logan	9	LCWM/Nicollet	5-02.00	2
6 Baker, Gage	10	St. Clair	5-00.00	.50
6 Lynch, John	8	St. Clair	5-00.00	.50
--- Lagunas, John	8	M/T/GHEC/ML	NH	
--- Ahl, Tyler	7	St. Clair	NH	
--- Bowers, Louis	8	M/T/GHEC/ML	NH	
--- Berhow, Bryant	9	M/T/GHEC/ML	NH	

Boys Pole Vault

Name	Yr	School	Finals	Points
Finals				
1 Stock, Logan	12	LCWM/Nicollet	11-00.00	10
2 Remiger, Payton	11	Loyola/Cleveland	10-06.00	8
3 Oldenburg, Aidan	10	Janesville-Waldorf-Pemberton	9-06.00	6
4 Case, Evan	11	St. Clair	9-06.00	4
5 Baker, Chase	9	St. Clair	9-00.00	2
6 Daly, Carter	9	St. Clair	8-06.00	1
7 Thomez, Cooper	9	Loyola/Cleveland	8-06.00	
8 Johnson, Jayden	10	LCWM/Nicollet	8-00.00	
9 Tauer, William	10	Loyola/Cleveland	8-00.00	
--- Cahill, Jacob	8	Janesville-Waldorf-Pemberton	NH	

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Boys Long Jump**

	Name	Yr	School	Finals	Points
Finals					
1	Sletta, Josh	10	M/T/GHEC/ML	19-09.00	10
2	Weber, Mitchell	11	St. Clair	19-08.00	8
3	Ohene-Frimpong, David	12	Loyola/Cleveland	19-04.00	6
4	Hohenstein, Jared	10	LCWM/Nicollet	18-11.00	4
5	Westman, Hunter	11	Loyola/Cleveland	18-10.00	2
6	Zamora, Angel	10	M/T/GHEC/ML	18-09.00	1
7	Chadderdon, Josh	10	LCWM/Nicollet	18-04.00	
8	Burkhardt, Dawson	12	Martin County West	18-02.00	
9	Mortensen, Lucas	12	St. Clair	17-04.00	
10	Zamora, Ramiro	8	M/T/GHEC/ML	16-02.00	
11	Germescheid, Sam	9	LCWM/Nicollet	16-00.00	
12	Morsching, Jack	8	Janesville-Waldorf-Pemberton	15-10.00	
13	O'Connor, Garrett	10	Martin County West	14-07.00	
14	Orcutt, Sam	8	Loyola/Cleveland	11-04.00	

Boys Triple Jump

	Name	Yr	School	Finals	Points
Finals					
1	Westman, Hunter	11	Loyola/Cleveland	41-02.50	10
2	Sletta, Josh	10	M/T/GHEC/ML	40-02.00	8
3	Ringnell, Andrew	12	Martin County West	40-00.50	6
4	Baker, Gage	10	St. Clair	35-11.00	4
5	Kruse, Lucas	9	St. Clair	35-06.00	2
6	Peterson, Jerrett	9	Loyola/Cleveland	35-00.00	1
7	Morsching, Jack	8	Janesville-Waldorf-Pemberton	33-10.00	
8	Orcutt, Sam	8	Loyola/Cleveland	32-09.50	
9	Marzinske, Logan	8	St. Clair	31-10.50	
10	Potthoff, Nick	10	Martin County West	30-05.00	
11	Sullivan, James	10	LCWM/Nicollet	30-00.00	
11	Moeller, Jacob	8	M/T/GHEC/ML	30-00.00	
13	Cook, Tallin	8	M/T/GHEC/ML	29-07.50	
14	Bock, Logan	10	LCWM/Nicollet	29-04.50	

Boys Shot Put Wheelchair

	Name	Yr	School	Finals	Points
Finals					
1	Gravelle, Aidan	7	LCWM/Nicollet	14-09.00	1

Boys Shot Put

	Name	Yr	School	Finals	Points
Finals					
1	Weber, Mitchell	11	St. Clair	54-01.00	10
2	Belcourt, Brian	12	St. Clair	42-11.00	8
3	Larson, Andrew	11	Janesville-Waldorf-Pemberton	42-08.25	6
4	Whitehead, Dylon	12	Martin County West	39-07.25	4
5	Bergemann, Evan	11	LCWM/Nicollet	38-02.00	2
6	Benson, Cole	12	Janesville-Waldorf-Pemberton	36-11.25	1
7	Osborne, Jordan	12	M/T/GHEC/ML	35-07.75	
8	Davito, Dawson	9	Loyola/Cleveland	35-03.25	

Valley Conference Varsity Meet - 5/16/2017**LCWM Secondary****Results - Valley Conference Varsity Meet****Finals... (Boys Shot Put)**

Name	Yr	School	Finals	Points
9 Johnson, Nick	10	Martin County West	33-10.25	
10 Thofson, Matt	9	LCWM/Nicollet	33-08.75	
11 Swanson, Hunter	10	Martin County West	33-02.50	
12 Torgerson, John	11	Loyola/Cleveland	32-09.00	
13 Garcia-Maclean, Peter	12	Loyola/Cleveland	31-10.75	
14 Schrom, Benjamin	9	Janesville-Waldorf-Pemberton	29-05.50	
15 Holmgren, Spencer	9	M/T/GHEC/ML	26-09.50	

Boys Discus Throw Wheelchair

Name	Yr	School	Finals	Points
1 Gravelle, Aidan	7	LCWM/Nicollet	34-04	1

Boys Discus Throw

Name	Yr	School	Finals	Points
1 Weber, Mitchell	11	St. Clair	178-02	10
2 Larson, Andrew	11	Janesville-Waldorf-Pemberton	103-02	8
3 Maurer, Cade	11	LCWM/Nicollet	98-02	6
4 Belcourt, Brian	12	St. Clair	97-02	4
5 Larson, Kolton	10	Martin County West	97-00	2
6 Beinke, Hank	10	LCWM/Nicollet	93-03	1
7 Potthoff, Logan	11	Martin County West	92-05	
8 Kokoruda, Ean	8	Martin County West	91-04	
9 Saucier, Connor	9	LCWM/Nicollet	88-05	
10 Schrom, Benjamin	9	Janesville-Waldorf-Pemberton	85-07	
11 Torgerson, John	11	Loyola/Cleveland	84-10	
12 Garcia-Maclean, Peter	12	Loyola/Cleveland	80-08	
13 Davito, Dawson	9	Loyola/Cleveland	80-01	
14 Holmgren, Spencer	9	M/T/GHEC/ML	70-02	

Women - Team Rankings - 17 Events Scored

1) LCWM/Nicollet	161	2) Martin County West	126
3) M/T/GHEC/ML	104	4) Janesville-Waldorf-Pemberton	51
5) Loyola/Cleveland	45	6) St. Clair	37

Men - Team Rankings - 22 Events Scored

1) St. Clair	134	2) Loyola/Cleveland	122
3) LCWM/Nicollet	121	4) Martin County West	69
5) Janesville-Waldorf-Pemberton	59	6) M/T/GHEC/ML	51